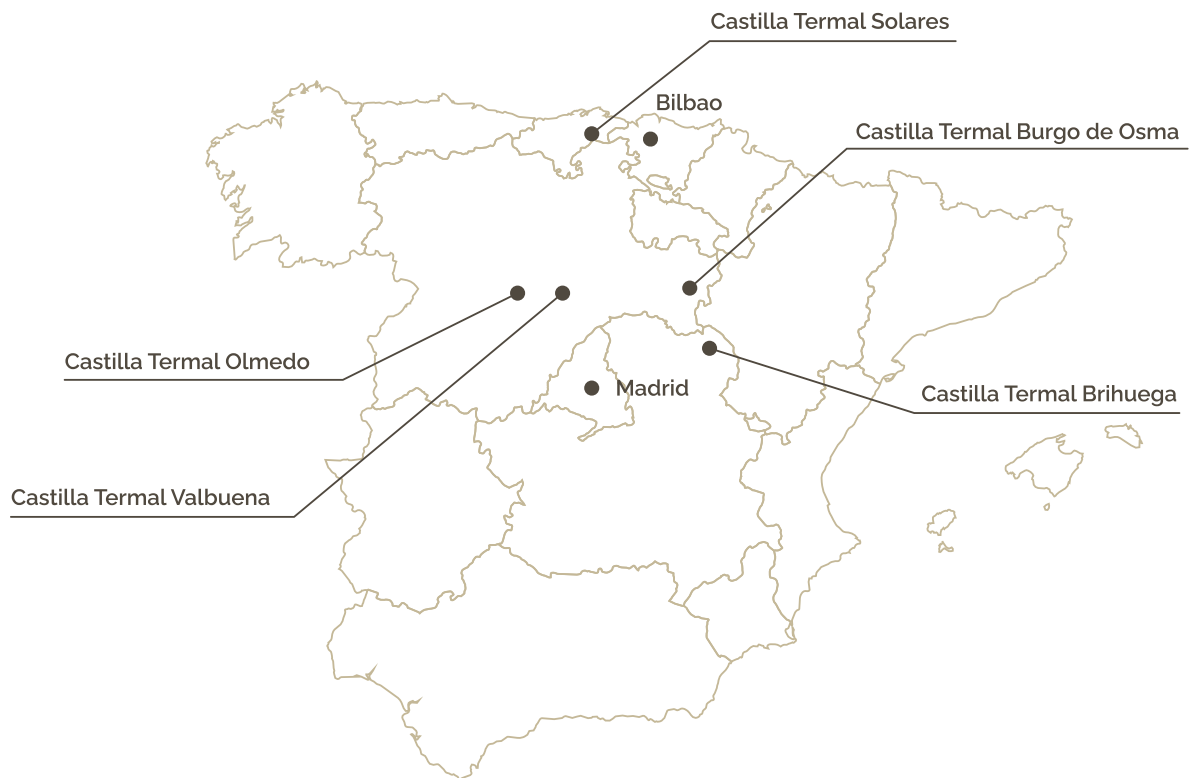




CASTILLA TERMAL  
HOTELES

Press kit



# Castilla termal hotels: Wellness with all five senses

Castilla Termal is the leading Spanish chain of luxury spa hotels (4 and 5 stars). This chain's commitment to the restoration and modernisation of historic buildings nestled in rural tourist settings, to sustainability in every one of its activities, and to the appreciation of and care for the environment where it is located makes it one of a kind in Spain.

Castilla Termal Hotels currently have four establishments: Castilla Termal Olmedo (Valladolid), the chain's first location, Castilla Termal Burgo de Osma (Soria), Castilla Termal Solares (Cantabria) and Castilla Termal Valbuena (Valladolid), opened in 2015. These four will be joined by a fifth site located in Brihuega (Guadalajara), whose Real Fábrica de Paños (Royal Cloth Factory) will become Castilla Termal Brihuega from the summer of 2022 onwards.

The experience that the hotel chain offers goes beyond mere hydrotherapy. Each of the establishments provides a unique experience combining the blend of history –brought to life in a remarkable building–, leisure activities, cuisine, eco-tourism, culture and, of course, health. In addition to all the unseen work that goes on behind the scenes: our commitment to sustainability, the environment, the land, what is near to us.

# Enjoy the Castilla Termal TANTUM experience

*The experiences that Castilla Termal provides are so memorable, its essence is so sustainable, the places it occupies are so full of history, the wellbeing it provides is so personalised, the waters and treatments are so unique, the impact on its surroundings is so positive, and the employees are such wonderful partners that the chain has rescued the word tantum from the dead language that Latin is to make it its own, revive it and put it back into the mouths of guests and clients, who will not fail to appreciate such an exceptional experience.*

And it is so exceptional because Castilla Termal Hotels restore old historical buildings to give them a new lease of life. From the former convent of Sancti Spiritus in Olmedo (7th century) and the Valbuena Monastery (built in the 7th century and declared a Historic-Artistic Monument in 1931), to the former Santa Catalina University of El Burgo de Osma (16th century) and the historic Solares Spa (a fine example of the 'Belle Époque' from the early 20th century) or the aforementioned Real Fábrica de Paños in Brihuega (an unusual building from the 18th century with a round base), Castilla Termal establishments offer a mix of history, culture and enjoyment that guarantees a memorable stay.



Additionally, each of our hotels are located on sites boasting waters that have been declared as mineral-medicinal, with specific properties for treating different therapeutic needs, which is what makes them top health destinations. But their services go beyond hydrotherapy, or those of a resort or spa. The spectacular thermal pools not only offer the opportunity to rest and take care of your body, but also an experience that awakens all the senses. A feeling that is further heightened in each of the hotels' different contrast therapy circuits, all of which are replicas of places of great historic and artistic importance.

And if we're talking about heightened sensations and awakening the senses, we have to highlight the cuisine that can be enjoyed at each of the restaurants in Castilla Termal's hotels, which believe in quality produce that is also seasonal and local. In this sense, it is worth mentioning the recent addition of Miguel Ángel de la Cruz, chef and co-owner of the restaurant La Botica de Matapozuelos (Valladolid), to the kitchen management of Castilla Termal Valbuena. Known as "Castile and León's best chef", he has two suns in the Repsol guide, a red star in the Michelin guide, and a green star in the Michelin guide, which also guarantees another of Castilla Termal's key principles: commitment to sustainability.

The dishes served in the chain's restaurants perfectly pair with Converso wine, made with grapes from the vineyards of Valbuena Monastery, nestled in the heart of the Ribera del Duero appellation. A 100% Tempranillo Crianza variety, aged in French and American oak barrels for 12 months and made from the best grapes, Converso Crianza 2018 has won awards at two of the world's major wine events: the XIX Concurso Internacional de Vinos Bacchus 2021, where it was awarded a Grand Silver Bacchus in the still wine category, and the Concours Mondial Bruxelles, where it won the Grand Gold Medal.





But it is not only wine that is grown in the surroundings of Castilla Termal's establishments. The Castilla Termal Solares and Castilla Termal Valbuena hotels boast their own vegetable gardens which champion sustainability, guarantee quality produce and provide a unique experience for guests, who can pick the fruit that they will then enjoy in the restaurants.

The surroundings in which Castilla Termal's hotels have been established allows for this and much more, because they all offer unique and valuable settings where you can enjoy nature, culture, history, art, traditions and activities as diverse as visiting museums and archaeological sites, beaches or even a hot air balloon trip.



# MES Sustainability

In addition to care, attention to detail and personalised, quality service, Castilla Termal's DNA is defined by environmental, economic and social sustainability, and all of the chain's activities aim to respect these principles, starting with its adherence to the United Nations Global Compact for the Sustainable Development Goals (SDGs).

Castilla Termal cares about environmental sustainability in all its establishments and is moving towards the goal of making them 100% sustainable centres, something that is already happening at Castilla Termal Valbuena and that will happen at Castilla Termal Brihuega from the start of its running. A goal that is being achieved thanks to measures such as the total elimination of single-use plastics (packaging, bags, amenities, etc.) or the maximum possible degree of digitalisation, which reduces the amount of paper used.

At establishments centred around water, its proper management is vital. In this sense, its ecological policy avoids the consumption of up to 17,600,000 litres of water through responsible use, including measures such as using low-consumption systems or reusing pool water to feed the hotels' toilets and water the green areas.

In addition, the chain is a leader in the use of green energy (biomass, geothermal and solar energy) and in the lighting management system used for the common areas, which allows the individual lighting of each area of the hotel to be controlled, thus optimising the control, analysis, supervision and overall energy efficiency of the establishment.

Likewise, Castilla Termal Valbuena's integrated green roof insulates the building thermally, which allows for significant energy saving in the air conditioning of the spa hotel's different areas.

Similarly, Castilla Termal is committed to sustainable mobility. For this reason, we have set up charging stations for electric vehicles in all establishments and encourage the use of alternative vehicles, such as bicycles.





Thanks to measures such as these and others (such as selective waste collection and management and support for the creation of composting plants for the reuse of organic waste as fertiliser for the vineyards and organic vegetable gardens), the chain has managed to reduce its carbon footprint in recent years to reach a ratio per customer of 10 kg, in the case of Castilla Termal Valbuena; 7 kg, in the Olmedo Spa; 13 kg, in the hotel located in Burgo de Osma; and 15 kg of CO<sub>2</sub>/customer, in the Solares hotel.

As a final point in this section, it should be noted that Castilla Termal also has its own line of cosmetic products, which are all made in the most natural way, without colourings, silicones, mineral oils or parabens. Many of them serve to make even greater use of the chain's resources, as is the case with the grape oil, which includes extracts from the seeds of the grapes from Castilla Termal Valbuena's vineyards. And, of course, all products come in recycled and recyclable plastic packaging.

Economic sustainability looks for equality and the promotion of economic growth that creates opportunities for all. In Castilla Termal, this goal is present from the very choice of the surroundings where it is located: rural centres surrounded by nature that, first and foremost, are respected by the promotion of responsible tourism, and secondly, are boosted through local employment or through practices such as using local suppliers, a measure that not only helps to reduce our carbon footprint (by avoiding long journeys for goods) but also strengthens the area's economy.

But Castilla Termal does not only safeguard the economic growth of the areas where its hotels are based, it also seeks the greatest common benefit. For this reason, it has recently formed the Economic Interest Grouping (EIG) together with five other unique hotel chains. This has made it possible to implement the first strategic hotel alliance in Spain. The initiative

aims to: develop an intelligent revenue management system (income management), not focused on prices, as is usual, but instead on the profitability of each hotel corporation; create a customer profile platform that will allow for the hyper-personalisation of hotel facilities and services and the recognition of those making the hotel bookings under a Blockchain layer, complemented by a robotic customer service system via chat that is more advanced than the current ones; automate internal processes in order to achieve more efficient management of hotel services and business profitability; and the tokenisation of a good sustainable practices program in a customer loyalty system.

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*Similarly, economic sustainability, as understood by Castilla Termal, also involves offering the best services to its employees, both in terms of their work and their own health and happiness at work, which includes the implementation of services that favour the stability and wellbeing of those who work for the chain.*

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Finally, with regard to the more social dimension of sustainability, it is worth highlighting the chain's circular economy project, an initiative that allows the reuse and recycling of textile materials commonly used in hotel establishments, such as bed linen, uniforms, tablecloths, etc.

# Origin and development



The Castilla Termal Hotels project began in 2003, with the refurbishment of the Mudejar convent of Sancti Spiritus (12th century) in the Valladolid town of Olmedo, famed for Lope de Vega's great theatrical work "The Knight from Olmedo". After its restoration, the management of the Castilla Termal Olmedo hotel began in 2005 in the 4-star category. This hotel, the first in the Castilla Termal network, awarded Olmedo with the 'Thermal Town' classification.

After the success enjoyed by this first establishment, the refurbishment of Santa Catalina University, from the 16th century, began in 2008, becoming the Castilla Termal Burgo de Osma hotel, the first 4-star Hostería Real in Castile and León. This establishment is located in the historic town of El Burgo de Osma in Soria, declared an Asset of Cultural Interest for its Historic-Artistic Site. Its opening came in 2010.

Two years later, in 2012, Castilla Termal Hotels started to manage one of the most historic spas in Spain: Castilla Termal Solares, in Cantabria, with four stars. Its ancient spa tradition dates back to the 18th century and it is considered to be the first spa resort in this community.

## **Castilla Termal Valbuena, Spain's best spa**

The Castilla Termal Hotels family added another member in 2015 with the inauguration of its latest establishment: Castilla Termal Valbuena, in Valladolid, the first spa to be established in Ribera del Duero and the only spa in the five-star category in Castile and León.

The Santa María de Valbuena Monastery is home to the headquarters of the Las Edades del Hombre Foundation, a thermal area with cabins from the prestigious cosmetics brand Spa by Clarins, a wide range of restaurants, a cafe with a terrace, gym, organic vegetable garden, spice garden, wine cellar and vineyard.

The chain's fifth project will open its doors in the second half of 2022. Castilla Termal Brihuega will bring the Real Fábrica de Paños in the town of Guadalajara back to life. It is a building from the Industrial Age, built in the 18th century and abandoned for years, nestled in what is considered the "Garden of the Alcarria" thanks, among other things, to the recognition it has recently achieved for its magnificent lavender fields.

The chain's strategy does not stop here, rather, it plans to continue growing and adding new hotels where quality and unforgettable experiences are one the distinguishing features for the customer.





## Our establishments:

# Castilla Termal Olmedo

Pago de Sancti Spiritus, s/n · 47410 Olmedo (Valladolid) | 983 600 237



## Location and history

Built upon the ruins of the ancient convent of Sancti Spiritus, from the 7th century, this spa hotel is found in the town of Olmedo, Valladolid, which is considered one of the 'Mudejar Capitals' of the world, with a massive historical, artistic, cultural and gastronomic patrimony.

This architectural gem maintains the convent's spirit, adding comfort and a modern style: the church floor is the main entrance hall and it has an indoor pool in the old cloister of the Convent of Sancti Spiritus, and an outdoor pool that can be accessed without getting out of the water. The contrast therapy circuit, Mudejar Patio, is located in what was the Bernadine nuns' kitchen and is decorated with Castilian Mudejar art. Specifically, the footbath is a reinterpretation of the courtyard of the Royal Monastery of Santa Clara de Tordesillas.

## Features

Location: Olmedo (Valladolid). An hour and a half from Madrid and 30 kilometres from Valladolid. General services and facilities:

- 82 rooms: 78 standard, 1 superior, 2 junior suites and 1 suite.
- Multipurpose rooms for events, conferences, celebrations and meetings, with capacity for up to 450 people.
- Thermal area, wine cellar, children's playroom, outdoor pool, paddle tennis court, gym and private gardens.





## Thermal waters and treatments

Las aguas mineromedicinales emanan del Manantial de Sancti Spiritus y por su composición están catalogadas como hipotermiales de mineralización fuerte y cloruradas sódicas.

Están especialmente indicadas en tratamientos antiestrés por su importante efecto sedante, en afecciones dermatológicas y en hipertensión muscular. Aumentan el flujo sanguíneo, poseen un efecto analgésico y antiinflamatorio, ayudan en el tratamiento de contracturas musculares y estimulan las funciones orgánicas, endocrinas y metabólicas.

## Thermal pool and Contrast Therapy Circuit

Castilla Termal Olmedo boasts a spectacular thermal pool filled with mineral-medicinal water and a complete contrast therapy area. The Mudejar Patio (a route where wet and dry spaces are combined with hot and cold contrasts) is a unique place where a circuit decorated with Castilian Mudejar art can be enjoyed. The contrast therapy circuit has many benefits for the body, such as the stimulation of blood flow, thermo-regulation, elimination of toxins, hydration and decongestion of the respiratory tract. Numerous beauty and relaxation treatments, world therapies, massages and much more can also be enjoyed.





## Gastronomy

Following the Castilla Termal Hotel philosophy, the restaurant El Hontanar is committed to high-quality, creative cuisine, which is based on fresh, seasonal produce in line with the 'slow food' and local produce philosophy.

Its exquisite menus are prepared with products from the Tierra de Pinares area, with Olmedo-style cod as the star dish. The menu is accompanied by carefully selected wines from an extensive wine list, which reference the best local, national and international wines.

Olmedo has its roots in the old innkeeper tradition. This is why its stoves and roasting ovens are still in use, with lamb playing a starring role. But its stews, cheese and famous pastries also enjoy a special significance.

All this together with prestigious wines from the Rueda, Ribera del Duero and Castile and León designations of origin.

The gastronomic experience can be enjoyed in the restaurant El Hontanar, in the Convent gastro-bar, on the terrace of the porticoed patio, or in the Bodeguita. The gastro-bar has its own menu with lighter dishes such as sandwiches and salads, as well as the usual cafe services. What is more, it holds a wide range of events and celebrations, such as wedding banquets.





# Our establishments:

## Castilla Termal Burgo de Osma

C/Universidad, 5 · 42300 El Burgo de Osma (Soria) | 975 341 419



## Location and history

Built upon a splendid and welcoming 16th century building, the former University of Santa Catalina with its original Plateresque façade and Renaissance cloister, in the town of El Burgo de Osma, a town located in the southwest of the province of Soria, declared an Asset of Cultural Interest for its Historic-Artistic Site.

The life of this building, the first 4-star Hostería Real in Castile and León, has its epicentre in the beautiful Renaissance courtyard, enclosed by a large glass dome and acting as the social meeting point of the hotel, where you can enjoy the services of the bar and cafe.

## Features

Location: The establishment is nestled in the centre of the Madrid-Zaragoza-Valladolid-Burgos diamond.

General services and facilities:

- 70 rooms: 36 standard, 26 superior, 4 junior suites and 4 suites.
- Events room with capacity for up to 540 people.
- Thermal area, gym, private parking, summer pool and guest computers.





### Thermal waters and treatments

The spa can be found under a large colonnaded courtyard and the modern pool of mineral-medicinal thermal water is bathed in a pleasant overhead light thanks to the skylight that decorates the centre of the cloister.

Its pools and hydrotherapy treatments use water from the Santa Catalina spring, which is recommended for anti-stress treatments due to its significant sedative effect, for rheumatic conditions, weight-loss therapies, etc.

It also has cholesterol, uric acid and sodium-eliminating effects, which are highly recommended for preventing and protecting against cardiovascular risk factors. The waters of the spa are classified as polymetallic, calcium bicarbonated, hypothermal and of medium mineralisation.

### Thermal Pool and San Baudelio Contrast Therapy Circuit

The contrast therapy area is a reinterpretation of the beautiful 11th century Mozarabic hermitage located in the village of Casillas de Berlanga. With a large column from which eight horseshoe arches emerge, like the branches of a palm tree. It also offers numerous relaxation and beauty treatments, world experiences, massages, etc.



## Gastronomy

At the restaurant Argaela, the local produce is capable of creating perfect flavour combinations. It has a varied cafe menu, with lighter dishes, and offers custom-made menus for events and celebrations, which can be enjoyed in rooms that have capacity for up to 540 people.

The restaurant offers its diners dishes prepared with produce from the Soria area, washed down with local wines, as the vineyards and wine cellars of the Ribera del Duero are just a short distance away.

El Burgo de Osma is, essentially, a historic, culinary town. The area is famous for its vegetables, trout, crayfish, roast lamb, stew, barbecued vine shoots and, above all, mushrooms and bacon rashers.

The succulent Castilian stew is also well known, as is its rather regal game: hares, rabbits, quails and partridges.







# Our establishments:

## Castilla Termal Solares

Av. Calvo Sotelo, 13 · 39710 Solares-Medio Cudeyo (Cantabria) | 942 521 313



## Location and history

Located in an extensive park of 100-year-old trees, Castilla Termal Solares is very close to Santander and the Cantabrian coast.

After its waters were declared of public utility in 1828, the establishment became the first spa resort in Cantabria during the 'Belle Époque', at the beginning of the 20th century. A century later, now refurbished, it reopened its doors, regaining its splendour and maintaining its beautiful classical style.

## Features

Location: Located 18 kilometres from Santander, very near to its airport. Only 12 kilometres from the beaches of Somo and Laredo. 14 kilometres from Cabárceno Natural Park.

General services and facilities:

- 113 rooms: 101 standard, 6 superior, 4 junior suites and 2 suites.
- Event, celebration and meeting rooms, with capacity for up to 350 people.
- 5000 metres squared of thermal facilities, children's spa, gardens, organic vegetable garden, private parking and summer pool.





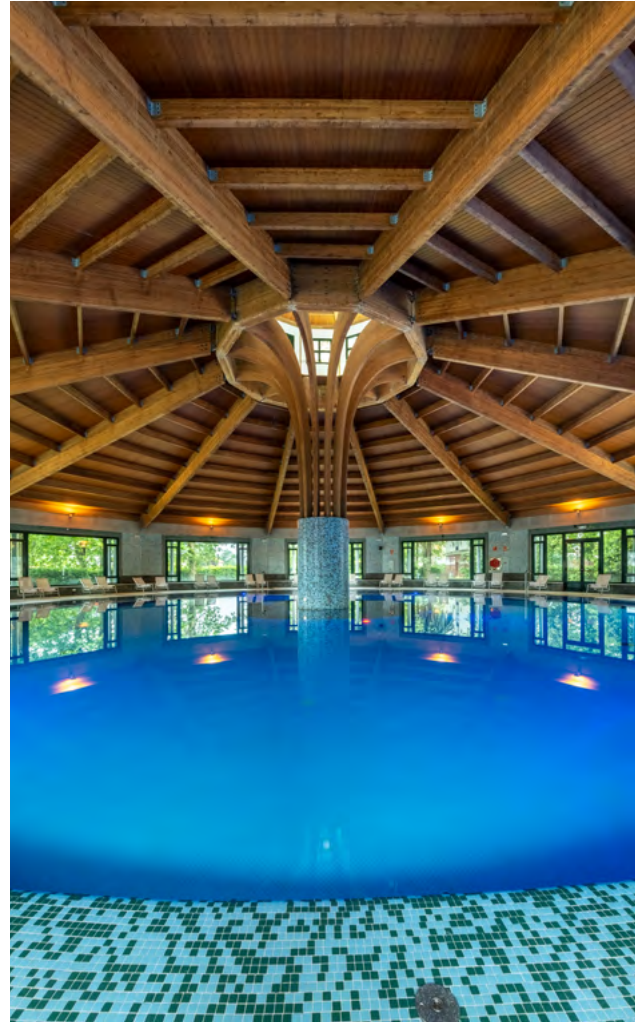
### Thermal waters and treatments

The waters of the Fuentcaliente spring are bicarbonated, chlorinated, with calcium and sodium and they are recommended for digestive, metabolic, antacid, anti-inflammatory, diuretic and nervous system treatments. They are also ideal for spa, beauty, and rehabilitation treatments, as well as for problems with the nervous system, such as insomnia and stress.

It has a large indoor thermal pool of 849 metres squared and 850,000 litres of mineral-medicinal water, and a children's spa with activities for children from the age of three months upwards.

### Contrast Therapy Circuit

The Castilla Termal Solares Contrast Therapy Circuit is inspired by the ancient baths in Roman villas and their architecture: rationality, economy, speciality, axuality, symmetry, and monumentality. What is more, it also has numerous beauty and relaxation treatments, world therapies, massages and much more.



**Gastronomy**

In addition to the gastro-bar and the summer terrace, the hotel has the restaurant El Manantial, where exquisite traditional Cantabrian cuisine can be enjoyed with seasonal suggestions. Its delicious local menus are an answer to the 'slow food' philosophy of enjoying the culinary experience using local produce.

This cuisine is a thoughtful combination of sea and mountain. Fine sea and river fish, such as salmon, come together on the table with the well-fed livestock of the Cantabrian pastures: lamb and beef; without forgetting the vegetable garden and fruit trees, both with lively flavours. Particularly famous are the fried squid and the Spanish cheesecake.

This rich and varied cuisine can also be enjoyed at the events and banquets that can be held in the hotel itself, as it has a chapel, bridal suite, cocktail reception on the terrace and rooms of different sizes for conventions and weddings.





# Our establishments:

## Castilla Termal Valbuena

C/ Murallas, s/n · 47359 San Bernardo (Valladolid) | 983 683 040

## Location and history

Valbuena Monastery is one of Europe's best preserved sites of Cistercian architecture. It was founded in 1143 but, in 1151, the monastery became part of the Cister Order and was inhabited by monks until the sale of Church lands. In 1931, it was declared a National Historic-Artistic Monument. Although today it is managed by Castilla Termal Hoteles, it belongs to the Archdiocese of Valladolid.

Over the last 50 years, the monastery has undergone two major renovations, without counting the restoration and acclimatisation work needed to transform it into a 5-star hotel spa. The first took place due to the church becoming the parish church of the newly built village of San Bernardo (it is still there today). During this step, the roofs were restored and the layer of plaster covering the walls was removed. The second step took place during the first few years of the 21st century and was aimed at converting the monastery into the permanent headquarters of the Las Edades del Hombre Foundation. Thus, the building is home to (and will continue to be) both its daily activities and its restoration centre.

## Features

**Location:** Located 35 kilometres from Valladolid and 180 kilometres from Madrid, in the middle of the Golden Mile of the Ribera del Duero designation of origin. General services and facilities:

- 79 rooms: 25 superior, 32 deluxe and 22 suites.
- Events room with capacity for up to 400 people.
- Thermal area of over 2000 metres squared with treatment cabins, thermal pools, and contrast therapy circuit. What is more, it has private parking, a gym, infinity pool, organic vegetable garden, spice garden, wine cellar and 4.5 hectares of vineyards.





## Thermal waters and treatments

The spa offers spaces designed for relaxing and benefiting from the properties of the mineral-medicinal water and features exclusive Clarins treatments. The water is sulfuric mineral-medicinal, with sodium-calcium, hypothermal and of medium mineralisation. It is recommended for digestive and metabolic treatments, and it improves liver cell function. It is also ideal for weight-loss and stress therapies. The suggested temperature is 25°C.

The spa area has a thermal pool, with views of the Ribera del Duero and its infinity pool, a contrast therapy area and various spaces designed for enjoying its menu of treatments. Among these, the Jamaica bath, Niagara bath, two- or four-headed Vichy shower with honey peeling, high pressure jets and sauna stand out.

## Contrast Therapy Circuit

The Contrast Therapy Circuit is a recreation of the Chapel of San Pedro, also known as the treasure chapel and located outside the church, on the south side of Valbuena Monastery. A guided route combines wet and dry spaces with hot and cold contrasts to achieve blood stimulation, thermo-regulation, elimination of toxins, decongestion of the respiratory tract, among others.

In addition, the spa offers its clients a range of facial and body treatments, and beauty and medical services.



## Gastronomy

Castilla Termal Valbuena has the exclusive, à la carte restaurant Converso, which offers 'slow food' cuisine, based on traditional and modern dishes, prepared with high-quality produce from the local area.

The menu kicks off with a varied selection of starters in which seasonal vegetables, wheat, rice, chickpeas, Iberian cured meats, cheeses from Castile and León and cured meat from León take centre stage. There is also an exquisite selection of fish and meat for main courses.

Among all the sea food, the following stand out: marinated skate, stewed hake, monkfish, cod and fish from the market selected daily by the chef. Among the meats, the roast lamb, pluma ibérica pork, stewed partridge, veal cheek and fillet of foal and veal are particularly noteworthy. Among the desserts, the tribute to the Reinette apple, the chocolate mousse and the monks' special torrija stand out among others.

The wine list offers the most representative wines of national and international Designations of Origin, specially selected by the sommelier of the house, in addition to the wine produced in the monastery itself: Converso, the result of a carefully selected vintage, with character and exclusivity in all its nuances, which has a limited production of 20,000 bottles.



From early 2022, the kitchen of Castilla Termal Valbuena will be run by Miguel Ángel de la Cruz, chef and co-owner of the restaurant La Botica de Matapozuelos (Valladolid), awarded with a Michelin Star and a Michelin Green Star, which rewards the chef's commitment and his line of work, based on sustainability and respect for nature. A renowned naturalist chef, who is very sensitive to the use of the culinary stimuli offered by the province of Valladolid and a great connoisseur of Valladolid's larder, its products and the natural resources of the surroundings, he will reinterpret the monastery's culinary offer to strengthen it and make it more attractive for the diners at his restaurant.

The hotel also has the gastro-bar La Cilla, a space with a perfect atmosphere for reading the paper, enjoying a chat or savouring a delicious coffee.

The Bodega de los Monjes is a unique place to enjoy the best local, national and international wines, perfect for tastings, dinners with food and wine pairing or meetings. Castilla Termal Valbuena also has private dining rooms, a celebration room and meeting rooms.



# Unique Experiences

*As specialists in thermal waters, the establishments of Castilla Termal Hotels offer a wide variety of treatments for all types of people, from those seeking a therapeutic treatment to those who simply want a beauty and relaxation session.*

Their locations and facilities also allow this to be combined with fine dining, wine tourism or culture, as a couple, family or group. In addition, the hotels of Castilla Termal are perfect for celebrations such as weddings, as well as for business meetings and events.



## Experiences for Little Ones

Castilla Termal Olmedo and, especially, Castilla Termal Solares have whole services, infrastructures and activities aimed at family leisure and designed so that parents can enjoy relaxation, both alone and with their children.

- Thermal pool with kids' slots.
- Children's spa, with activities led by a specialised instructor.
- Massages: 'My first massage' or 'Shared massage', etc.
- Children's shiatsu.
- Organized activities in the hotels' local surroundings.



### Couple's Experiences

Castilla Termal Hotels have an offer specially designed for couples, who can choose from various attractive options:

- **'Romantic getaway':** Double room with a 2x2 bed, romantic touches, romantic breakfast in the room or a buffet, romantic dinner, thermal pool.
- **'Couple's beauty':** A complete set of treatments to enjoy as a couple. Peelings, essential oil baths, massages and sauna.
- **'Flavour of love':** An exclusive, very romantic menu for couples, accompanied with wine and cava in our prestigious restaurants.
- Although these experiences can be enjoyed in all four establishments, **Castilla Termal Burgo de Osma** is the ideal space for this kind of getaway.

### Second youth

Aimed at the more 'senior' guests, the 'Second Youth' package offers a double room, stays of 4 or 6 days full board, thermal pool access, gym access, etc. Additionally, full board includes a menu with seasonal produce, specially selected by our nutritionists and chefs to combine the best cuisine with a healthy diet.

### Girl's getaway

Specially designed for hen parties and other 'ladies only' events, this package includes a special dinner in a private dining room with a 'Pleasure for the senses' menu, contrast therapy circuit with face masks in the relaxation area, buffet breakfast, thermal pool, etc.



### **Wine tourism getaway**

The 'Among waters and vineyards' package, specially designed for wine lovers, includes a double room, special courtesies on arrival, buffet breakfast, thermal pool, gym, wine cellar tours and a typical Castilian dinner with Ribera de Duero and Rueda wine.



### **Business and 'Meeting Packs'**

The establishments of Castilla Termal Hotels have spacious and well-equipped rooms for all kinds of corporate events.

**'Basic Meeting Pack'** has two options: a working day without accommodation, and a working day with an accommodation supplement and buffet breakfast. In both cases, advantages and discounts in the spa are also included. It comprises a meeting room for the whole day, coffee break, lunch in the private dining room and all infrastructural needs (WiFi, projector, screen and materials are in the room).

**'Meeting & Relax'**: this package features everything from the 'Basic' package, along with access to the pool of mineral-medicinal water with different jacuzzis, individual massage beds and seats with bubbles, a series of relaxing water jets, waterfalls, water cannons and rest areas.

**'Meeting & Wine Tourism'** (Olmedo, Burgo de Osma and Valbuena): the 'Basic' and 'Relax' packages are combined, with the addition of accommodation and a wine tour of a typical appellation, close to the hotel.

**'Work & Rest'**: Castilla Termal Hotels offer the option to work remotely in a more productive way, by allowing a wellbeing and personal care routine to be added to the working day, making it easier for those enjoying it to find the perfect balance between leisure, work and rest. Additionally, productivity tips and coaching sessions on efficiency and remote working can be requested in advance.